



2017 Annual Meeting

Virginia Association of Family and Consumer Sciences and Virginia Extension Association of Family and Consumer Sciences

Earn PDUs | Great Networking Opportunities | Latest Trends in Research & Practice

For more information visit our website at <https://www.vafcs-aafcs.org/>



IMPROVING THE
Health and Well-Being
of a Changing Society

March 30, 2017 Pre-conference

March 31, 2017 Conference

Fredericksburg Hospitality House Hotel & Conference Center

2801 Plank Rd.

Fredericksburg, VA 22401

504-786-8321

Hotel booking link:

<http://bookings.ihotelier.com/bookings.jsp?groupID=1626261&hotelID=15003>

Reserve hotel rooms by March 15, 2017

Room rate is \$89 per night plus tax

Conference attendees can earn PDUs from AAFCS.

**For more information or questions contact Donna Hoskins at dhoskins@bridgewater.edu
or 540-241-7961**

Silent Auction: Bring an item for the silent auction. Money raised from this event supports college student conference attendance at VAFCS/VEAFCS.

Local Student Service Project: The college students will be collecting diapers for the Social Service Office of Fredericksburg. All sizes of diapers are needed for families in need. A social service employee will pick up the diaper donation during the conference.

National Student Service Project: Students will also be doing a Cardz for Kidz service outreach project. At the conference, cards will be available for people to make. All homemade cards will be sent to hospitalized and/or traumatized children across the globe. Contact Nicholas Zimmerman (VAFCS Student Unit Representative, vafcsnz@gmail.com) if you would like to provide craft materials for the cards.

Preconference FREE Farm Tour (Sponsored by Virginia Beef Council)- The Farm to Fork experience will take place on a family owned and operated Virginia Century Farm. The youngest members of the family are the 5th generation to work on their operation. They typically buy their cattle from cattle producers within a 2-2.5 mile radius of their farm to be finished, slaughtered, and sold on site at their butcher shop. Local's are in love with the quality meat they get. The experience will include a tour of the facilities and an overview of the history of the farm as well as how day-to-day business is conducted. Several industry experts have been invited to attend to answer any questions that may arise over the course of the event. The intention is for attendees to leave with a well rounded understanding on the beef lifecycle and how an animal gets from farm to fork. Virginia Beef Industry Council will be providing attendees with resources on the beef lifecycle and nutritional benefits of beef. Attendees will also receive a goodie bag of items that can be used and implemented in the classroom and other educational platforms. The experience will conclude with visitation to an on farm market where local goods can be purchased such as honey, and canned items.



Preconference Session & Events March 30, 2017	10-1 pm AAFCS Credentialing Exam Testing (NEW this year) Only \$95 (discounted rate) VAFCS Board Meeting (Board members only) 1:30-3:30 pm 4-6 pm-FREE Farm Tour (Sponsored by Virginia Beef Council) 7:00 pm-Join us for a private Chef Tasting at the Farm to Table Restaurant “Foode”
Friday, March 31, 2017 Tentative Conference Schedule (Networking breaks after each session) <i>Get FCSFIT...Make a smoothie using the Bike Blender</i>	
7:30-8:30 Breakfast and VAFCS board meeting (open to all)	
8:00 Registration Open	Silent Auction will be held during the conference and bidding will end at 4:15 pm.
8:30-9:00 Opening Session-FCSfit Kickoff with the Virginia Egg Council	Welcome and Opening Remarks
9:00-9:45 Dr. Jude Cassidy	“Secure Attachment: A Foundation for Children’s Health and Well-Being.”
10:00-10:45 Dr. Deborah Tippett	Appreciate Inquiry: A Winning Technique for Business Professionals
11:00-11:40 Dr. Peggy Quesenberry	Product Development in the World of Fashion
11:50-12:15 Caroline Crocoll	Learn about what is happening with FCS at the federal level as you hear from the Director of Division of Family & Consumer Sciences at the USDA National Institute of Food and Agriculture
12:15-1:45 Networking FCSfit Luncheon with presentation by Dr. Michelle Hesse followed by awards ceremony & student project donation	Fad Diets: Lifecycle Nutrition and Wellness LIVE food demo by the Virginia Beef Council
2:00-2:30 Patricia Reynolds	Latest Trends in Education in the United States
2:30-3:00 FCS Panel focused on STEAM	Learn how to integrate STEAM concepts into your FCS classroom
3-3:40 Dr. Deborah Tippett	Blogging, Tweeting, Texting, Posting, and Pinning: Communication Trends of the Millennials
3:45-4:15	Student Research Presentations (Student research will be displayed

	during the entire conference)
4:15-4:45 Shelby Edmiston	Strengthening Families: A CPS Approach to Engaging Families
4:45 Closing Remarks, Installation of Officers & Silent Auction Item Pick-up	

*VEAFCS board meeting time will be announced at the conference.

Registration Form
VAFCS and VEAFCs Annual Conference March 31, 2017 with Preconference on March 30, 2017
Early Bird Registration Deadline March 6, 2017
Registration Deadline March 20, 2017

Name: _____
 Name of workplace for conference badge: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Telephone: _____ Email: _____
 Vegetarian Meal: _____ Gluten Free Meal: _____

Is this your first time attending this conference? Yes or No (please circle one)

Please answer each of the questions below:

***AAFCS Credentialing Exam:** Yes or No (please circle one) Please note, the credentialing exam registration fee is \$95 (discounted rate) and an online registration link from AAFCS and payment option will be provided for those that check yes) (March 1, 2017 registration deadline)

***Pre-conference FREE Farm Tour:** Yes or No (please circle one)

***Pre-Conference Dinner:** Yes or No (Please circle one & Add \$39 to your registration fee)

Conference Registration Options (Fee includes meals and sessions) Circle one registration option below					
VAFCS/VEAFCS <u>Member</u> Registration Fees			<u>Non-member</u> Registration Fees (Join AAFCS and SAVE)		
	<i>Before March 6</i>	<i>After March 6</i>		<i>Before March 6</i>	<i>After March 6</i>
Full Conference	\$119	\$149	Full Conference	\$179	\$229
College Student	\$39	\$49	College Student	\$49	\$59

Preconference Dinner (optional) \$ _____

Registration subtotal \$ _____

Early Bird Postmarked by March 6th, 2017

Student Scholarship Donation \$ _____

Sponsor Level Donation \$ _____

GRAND TOTAL \$ _____ (Checks payable to VAFCS)

Mail check and registration form to: Kay Burke, VAFCS Association Executive
 17500 Genito Road, Amelia, VA 23002
bbkburke@tds.net or 804-837-4099

For Online Conference Registration and Payment Option visit: <https://www.vafcs-aafcs.org/>