President’s Message
By Badiyyah Waajid

There is a very good reason why hundreds of FACS professionals traveled to Houston in June, 2013. Not only was it a chance to reconnect with colleagues or to meet new friends but also to be present for the full array of meetings, events and unveiling of plans for the upcoming year. I was particularly interested in meeting other Affiliate presidents. The 105th Annual AAFCS Conference was all this, and more.

Houston was bustling! It was the perfect location for big-city enthusiasts---whether to explore nearby underground eateries and boutiques or to visit universities and museums. Without a doubt, the cascading waterfall just outside the hotel and the historic Sam Houston Park were two of my favorite meditation locations.

Proposal for Change

Early during the conference members were introduced to a concept paper unveiling a vision:

**Academy of FACS---a proposed change to the organizational structure of AAFCS.**

**New vision...**
The details of this proposed change to AAFCS as we know it is still in its infancy stage; compared by presenters to “a piece of clay that needs molding, refining, glazing, and firing before it becomes reality”.

**Research-based decision...**
The Race for Relevance: 5 Radical Changes for Associations, a book by Harrison Coerver and Mary Byers is the basis for this change-model. The author-researchers propose five (5) radical changes that associations must make to be relevant today and into the future.

**Five radical changes proposed.....**
(1) Governance
(2) CEO & staff
(3) Membership
(4) Program & services
(5) Technology

**Affiliates have an important role...**
A primary focus of the upcoming October Leadership Workshop in Crystal City, VA will be to involve Affiliates in helping to shape this vision for restructuring the organization.

**Reactions**
Reactions to the proposal varied. There was much discussion between professionals reconnecting and between new friends. There were hints of excitement and others of reluctance. In my experiences, a mixed reaction is not at all uncommon when change is introduced. An appeal throughout the Conference was for all to “join in making the Academy dream a reality”. However this plan unfolds, I am sure we will all continue to unite to ensure the future of AAFCS.

**Key to Success**
In the tradition of Family and Consumer Sciences professionals, we have long realized that unity is the key...to our success.

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  Northern Region Fall Professional Day
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Welcome New Members
By Jessie Chen-Yu, Membership Chair

Nine new members joined VAFCS from January to June of this year. They are: Sherry Ali, Charry Brown, Tanya Nikki Byrd, Holly Cline, Joan Green, Jennah Gnann, Teona Henderson, Weronah Washington, and Ciera Johnson.

Member Spotlight

Charry Edwards Brown, Test Kitchen Manager, Reynolds Consumer Products, Richmond.
Charry holds a BS in Home Economics and Business from Virginia State University and an MBA in Marketing and Innovation from Syracuse University. She began her career at General Mills, Inc. as a Betty Crocker Test Kitchens Home Economist. She later joined General Foods Corp where she worked in marketing research and consumer promotions. After returning to Virginia, she became the coordinator of the Dietetics Internship program and foods & nutrition adjunct instructor for VA State University. She then joined Reynolds as a Home Economist in the Reynolds Kitchens and now works closely with the New Products Development, Quality and Advertising & PR Agency teams.

Tanya "Nikki" Byrd, Academic Advisor, Mary Baldwin’s Adult Degree Program, Roanoke Higher Education Center.
Nikki has a degree from Ferrum College in Psychology with minors in English and Sociology and a Master's Degree in Human Services from Capella University. In September she will begin her PhD studies in Education with a specialization in Instructional Design for Online Learning at Capella University. She is a proud wife and mother of a 2 1/2-year-old boy.

Holly Cline, Department Chair and Professor, Radford University. Holly holds a degree in Fine Arts from Centre College, Master’s Degree in Interior Design from University of Kentucky, and Ph.D. in Interior Design at Virginia Tech. She has completed the NCIDQ exam and is a LEED Accredited Professional. Examples of courses she has taught in the past two years are: Intro to Design, Design Fundamentals, Visual Thinking for Design, Senior Showcase and Portfolio.

Teona Henderson, Senior, Virginia State University. Teona is majoring in Family and Consumer Sciences with a concentration in Family, Child and Community Services and a minor in Sociology. She became a student member of AAFCS through the HUGS program and was appointed as the Student Unit Representative for the VAFCS Board of Directors. She hopes to work as a Cooperative Extension Agent and continue in Graduate school.

Come "Like" the VAFCS Facebook Page!
By Jacqueline Snee

To get the latest information on what is happening in Virginia and nationally in areas we as FCS professionals care about and find interesting.

Go to: www.facebook.com/VAFCS

We will be posting information about nutrition, family studies, fashion design, financial literacy, intern/job opportunities, state and national events and lots more!

Have something interesting to share and not active on Facebook? That's alright! Please send information to: Jacqueline Snee at jsnee76@gmail.com.

Would you like to help form the direction of our VAFCS Facebook page? We would love to have you. No experience necessary. Email Jacqueline at the above address for more details.

Teachers Hear About AAFCS
Photo by: Mary Rapoport

Dr. Lori Myers from AAFCS and Debbie Will, VAFCS past-president provided membership information to Virginia teachers at the Virginia Association of Teachers of Family & Consumer Sciences summer conference July 31.
Two Opportunities to Participate in IFHE Programs

By Joanne Pearson, IFHE Vice President, Region of Americas

1. For the first time in 16 years an IFHE Council Meeting will be held in the Western Hemisphere, on the Brescia University College campus in London, Ontario, Canada. The 2014 Council Meeting, July 20-24, will be preceded by a two-day Pre-Council Research Symposium on July 18-19, sponsored by the Ontario Family Studies Home Economics Educators’ Association and hosted by the IFHE Council Organizing Committee. Interested persons are invited to submit proposals that honor the 20th Anniversary of the International Year of the Family 2014.

All proposals should describe or summarize projects in Home Economics/Family Studies/Human Ecology/Family and Consumer Science programs and related fields that celebrate the family, including but not limited to those that will showcase:

◊ The recent trends in family policy,
◊ Challenges faced by 21st century families worldwide and recommended solutions,
◊ Couple and parent-child relationships,
◊ Parenting and childcare programs,
◊ The mental health of children, youth, adults and the elderly,
◊ Educational programs aimed at supporting the development of the whole child at both the public and post-secondary levels.

Complete submission guidelines can be found on the IFHE webpage at www.ifhe.org.

All proposals must be submitted via email as a Microsoft Word attachment to ofsheea@ofsheea.ca by October 27th, 2013. IFHE members are encouraged to also attend the Council Meeting which will include both business and social activities. Full details can also be found on the IFHE webpage.

2. The Annual IFHE Meeting will be held this coming February in Fulda, Germany from February 22 to 25, 2014. The theme of the first day, a Symposium Day, is “Solidarity between young and elderly citizens creating and living a joint future - the contribution of older persons”. A call has been made for IFHE members, including all VAFCS members, to contribute posters and table displays illustrating programs and projects that involve advancing social integration and intergenerational solidarity within families and communities. These posters and displays will be available for viewing in a marketplace format for approximately two hours during the day. Outstanding posters and displays will receive special recognition.

For complete guidelines go to the IFHE webpage, www.ifhe.org. The deadline for submitting exhibitor information sheets, along with registration for the Annual Meeting, is January 15, 2014.

VAFCS Northern Region Fall Professional Day
October 17, 2013
By: Charleen Deasy

The Northern Region Fall Professional Day will be Thursday October 17, 2013 at the Fairfax Marriott at Fair Oaks Mall in Fairfax County. This Marriott is conveniently located at the junction of route 66 and route 50 on the peripheral road of Fair Oaks Mall. The meeting will be the similar format to previous years. Hours are 3:30 to 8:30 with PDU points given.

Registration materials with details on theme and speakers have been mailed to members with addresses in the VAFCS northern region; registrations have been emailed as well to numerous non-member FCS professionals and there is registration posted on the VAFCS website. All are welcome to attend. Register early in order to not miss this meeting.

There will be excellent opportunities to network, to hear Beverly Card, CFCS, President Elect of AAFCS, speak on the future of the association and the impact on the FCS field and also to hear Nancy Bock address this timely topic as well as Sustaining Family Health and Wellness with the new ACI consumer campaign. The Northern Region is fortunate to have speakers of this caliber in our area who will graciously speak to the group.

The planning committee always welcomes new members; if interested contact Charleen Deasy at charleen.deasy@verizon.net or 703-620-3593.
SAVE THE DATE!
2014 VAFCS/VEAFCS Annual Meeting
March 20-21, 2014
Virginia Beach Resort Hotel & Conference Center
2800 Shore Drive, Virginia Beach
“The Challenge of Change”

The planning committee is hard at work making preparations for the 2014 “Challenge of Change” professional development sessions; AAFCS PDU credits will be requested.

◊ Bring your family to experience the nearby attractions and restaurants and enjoy the relaxing waterfront views of the Chesapeake Bay.
◊ Consider sponsoring a student to make this professional development experience possible for students. The networking opportunities with FCS professionals will be immeasurable. Details will be on the registration information.
◊ Contribute items to the Silent Auction. Send the description of the item and a starting bid to Verdonda Wright at Verdonda.Wright@VBSchools.com
◊ The lodging rate which includes double, triple and quad suites are available for $85.00 per night taxes not included. The quad suite has 4 double beds or request a king and two double beds. This rate will be offered based on availability 3 days before and after the event.
◊ Reservations must be made before Wednesday, February 19, 2014 to receive the group rate. You must mention Virginia Association of Family and Consumer Sciences when making your reservations in order to receive the negotiated group rate. Rate changes will not be honored at check-in or check-out.
◊ Call the reservation department at (800) 468-2722.

Jane Henderson, VAFCS Program Chair
Sustainable Families & Global Gateway

3:00 - 8:30 PM

Thursday, October 17, 2013

Fall Professional Day
Northern Region

Fairfax, VA 22033
11787 Lee Jackson Memorial Hwy
Fairfax Marriott at Fair Oaks

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Fall Professional Day
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Support our Northern Region Program
- Support our Student Scholarship Fund
- Make a minimum bid
- Support the Auction with a suggested minimum bid
- Please consider contributing an item for the Auction
- Bring in items for the Auction

Support our Student Attendance by
- Supporting the Scholarship Fund
- Making a minimum bid
- Supporting the Auction with a suggested minimum bid
- Please consider contributing an item for the Auction
- Bringing in items for the Auction

Directions
- Follow signs to Fair Oaks Shopping Center
- Take Interstate 66 to Exit 37B - Fair Oaks Mall
- Marriott Hotel is on the right
- Follow ramp to the bottom and turn right
- Follow ramp to the bottom and turn right
Registration Deadline: October 10, 2013

Further Information or Questions?

For more information, please contact:

Name:
Address:
City:
Zip:
Telephone:
E-mail: