



17500 Genito Rd.  
Amelia, VA 23002

### Make your Hotel Roanoke Room Reservation

By February 29, 2012 for group rates  
Call 540 985 5900

VAFCS Group Rate: \$96 (S), \$119 (D), Add \$10 for each person extra in a room. Rates honored 2 nights prior and 2 nights after meeting, depending on availability.

#### Directions

#### Roanoke Country Club

3360 Country Club Dr., NW ~ 540-345-1508

From I-81 take (exit 143) I-581. Exit at Peters Creek Rd, South. Go 2.5 mi., turn left at light onto Melrose Ave. Go 1 mile. Turn left onto Country Club Rd. (watch for purple National College flags). RCC is .2 miles ahead.

From 581/220 take exit 4W 460W/11S (near downtown) . Go 2.8 mi. (at 1.5 mi., bear left and at 1.6 mi., bear rt., following signs to 11S/460. Turn right at Country Club Rd. (just past purple National College flags) .

#### Hotel Roanoke

110 Shenandoah Av. Roanoke, 24016  
540-985-5900

From I-81 take I-581/220S. Go 5.5 miles. Take Exit 5/Downtown. Off exit ramp, take right at light onto Wells Ave. Hotel Roanoke is on the left. Self or valet park.

#### Fundraisers

#### Re-gifting for a Cause (The ultimate in recycling!)

We all have a re-gifting box, trunk or drawer. Raid your collection and donate one of your *treasures*. Attendees make an offer and proceeds go to VAFCS/VEAFCS.

#### Cookbook Swap

Bring your gently used cookbooks and take another home at bargain prices.

#### Silent Auction Items

Old fabric bolts, a basket of unused notions, dated costume jewelery, knitted booties/scarves that you haven't gifted yet—they are all worth something to someone.

Our Angel Fund—Don't want to take home any treasures? Then *be an angel and write a check* to VAFCS or AAFCS.

## Come to A Reunion Meeting Of



&

Virginia Extension Association  
Family and Consumer Sciences

All Past Members Invited

March 28—29, 2012

*Possibilities in  
Family and Consumer  
Sciences*

*Remembering the Past  
Celebrating our Future*



Wed., March 28  
Thurs., March 29, 2012

Wednesday ~ Roanoke Country Club  
~  
Wednesday Evening & Thursday  
Hotel Roanoke



## Wednesday ~ Roanoke Country Club

10:00 VAFCS Board Meeting

11:00 Meeting Registration

11:30 Keynote Speaker

The Honorable Diane Strickland, one of Virginia's first female Circuit Court judges presents  
*Alternatives that Heal:  
Mediation vs. the Courtroom and Drug Court vs. Prison*

Buffet Luncheon

Patricia Schweitzer, Cons. Test Kitchen Manager, Hamilton Beach  
*Providing the Consumer's Point of View: A Peak Inside the Hamilton Beach Test Kitchen*

Marcia Greenblum, RD, Senior Director, Egg Nutrition Center  
*Protein: It's What's for Breakfast*

Olivia Oldaker, noted speaker on tea  
*The Architecture of Tea*  
Afternoon Tea Service

4:00 VAFCS Meeting / Student Section Meeting

5:00 Leave for Hotel Roanoke

Check in

## Wednesday Evening ~ Hotel Roanoke

6:30 *Pearls of Wisdom Dinner and Reception*  
Honoring past members  
(Everyone wear your pearls!)

Jill Weber, PhD, Assistant Professor of Communication Studies,  
Hollins University  
*Speaking with Confidence, Clarity and Charisma*

## Thursday ~ Hotel Roanoke

6:30—*Morning Exercise with a Brisk Guided Walking Tour of Historic and Iconic Buildings in Downtown Roanoke*

7:30—8:00 Buffet Breakfast

8:00 Senator John Edwards,  
VAFCS Friend of the Family Award recipient  
*Legislative Actions from 2012 Virginia General Assembly of Interest to FCS*

Connie Guelich, CP, CLU, ChFC, AEP  
CEO, Guelich Capital  
*7 Steps to Managing Your Wealth Wisely*

Laura Godfrey, Founder of Claire V  
Designer of couture silk purses, constructed by Cambodian land-mine victims and sold internationally  
*Entrepreneurship and the Beauty of Giving Back*

Break

Sarah S. Wall, M.Ed., MCHES  
Project Associate, VT Human Nutrition, Foods and Exercise,  
PhD candidate, School of Education  
*Small Steps to Better Health*

Marilyn Faris-Scholl  
*Get Your Heads Out of the Sand. Yes, Our Children Have had Sex but You Can Help Make a Positive Difference—Virginia's Teen Pregnancy Program*

~ Concurrently with ~

Karen Munden, Virginia Cooperative Extension  
*Dress for What You Want to Become and Look Great Wherever You Go*

12:15 Awards Luncheon  
*Beefing Up Family and Consumer Sciences  
How the FCS Brand will Help our Profession Grow*  
Sponsored by the Beef Cattle Industry Board

2:00 Adjourn

2:15 After Session Tours  
Historic Patrick Henry Hotel & The Cotton Mill Condos  
*Re-use & Renovate for High Quality Living ~ Recycling on Steroids!*

## 2 Day VAFCS/VEAFCS Annual Meeting Registration

Early Bird Registration—must be postmarked by February 5, 2012

Name \_\_\_\_\_

Mailing address \_\_\_\_\_

Phones: Office \_\_\_\_\_ Home \_\_\_\_\_

Cell \_\_\_\_\_ Email \_\_\_\_\_

Special diet needs: \_\_\_\_\_

\_\_\_\_\_, my guest, is interested in golfing at the Roanoke Country Club, on Wednesday. **Tea time: 11:00 a.m.** Discounted green fees (including cart) of \$55 will be paid at the Club. Call 540 345 3958 for golf information.

### Wednesday, March 28, 2012 – Begins at Roanoke Country Club

Includes Buffet Lunch, 4 speakers (PDUs), and Afternoon Tea

\_\_\_\_\_ \$55 Per VAFCS/VEAFCS member

\_\_\_\_\_ \$70 Per non-member

\_\_\_\_\_ \$25 Per student

### Wednesday Evening, March 28, 2012 – Hotel Roanoke

Pearls of Wisdom Dinner honoring past members. Speaker

\_\_\_\_\_ \$50 Per member/Former member/ Guest

\_\_\_\_\_ \$25 Per Student

### Thursday, March 29, 2012 – Hotel Roanoke

Includes Continental Breakfast, continuous break, four sessions (PDUs) &

*Beefing up Family and Consumer Sciences Awards Luncheon*

\_\_\_\_\_ \$75 Per VAFCS/VEAFCS member

\_\_\_\_\_ \$90 Per VAFCS/VEAFCS non-member

\_\_\_\_\_ \$35 Per Student

\_\_\_\_\_ \$40 **Add** for Registration **postmarked after Feb. 5, 2012**

\_\_\_\_\_ \$ **Add** this to my total to help support students attending

\_\_\_\_\_ \$ **Deduct \$20 from total** if attending entire meeting (except students)

\_\_\_\_\_ \$ **TOTAL registration (fees)\***

\* Refunds considered upon written request until March 21, 2012

Payment: Make checks out to **VAFCS** and mail along with this form to:

Kay Burke, VAFCS Assoc. Ex., 17500 Genito Rd., Amelia, VA 23002

**EARLY BIRD PRICE—POSTMAKED BY FEB. 5, 2012**